St. Mark’s Hospital & Academic Institute Lecture Course

Frontiers in Intestinal and Colorectal Disease
Fourth Annual International Congress

A Multidisciplinary Approach
29th - 30th November 2006
and Professor John Nicholls' Festschrift
1st December 2006

London Hilton Metropole

The Sir Alan Parks Visiting Professor
Professor N J Mortensen - Oxford, UK

The Sir Francis Avery Jones Visiting Professor
Professor J F Colombel - Lille, France

Daily registration available
Wednesday 29th November

0945  Welcome  
       Dr BP Saunders

1000  Ulcerative Colitis - New Insights  
       Chair - Dr BP Saunders  
       Optimising medical management - Professor MA Kamm  
       Dysplasia and dilemmas in surveillance - Dr M Rutter  
       Surgery for acute colitis - Who, when and how? - Professor NJ Mortensen  
       Case Discussions

1130  Coffee

1 Parallel Session 1:  
1200  Functional/Physiology/Psychology  
       Dr N Arebi/Dr J Stern  
       Assessing the patient with functional bowel disease  
       Dr N Arebi  
       Chronic constipation  
       Professor MA Kamm  
       What we look for in a psychological assessment - How does this impact on treatment?  
       Dr J Stern

2 Parallel Session 2:  
1200  Diverticular Disease  
       Chair - Professor JMA Northover  
       Aetiology/pathology  
       Dr T Guenther  
       Imaging  
       Dr D Burling  
       Management of diverticulitis - Professor Z Kruwkowski  
       Discussion

1300  Lunch  
1400  Sir Francis Avery Jones Lecture  
       IBD: Recent Advances in Pathogenesis and Management - Professor JF Colombel  
       Chair - Professor MA Kamm  
1430  Live Endoscopy  
       Chair - Dr C Williams/Dr S Thomas Gibson  
       Operators: Dr BP Saunders/Dr C Fraser/Dr N Suzuki/Dr D Newton  
       Cases to include: ESD, EMR, Live Capsule, Double Balloon Enteroscopy, Duodenal FAP, Complex Colonoscopy

1600  Tea  
1630  Consultants Corner  
       Chair - Dr M Pitcher  
       Panel Prof. JF Colombel, Dr N Arebi, Dr T Guenther, Dr M Jacyna, Dr M Marshall, Mr P McDonald

1730  Buffet Reception

1815  Biological Drugs in Inflammatory Bowel Disease  
       A State of the Art Symposium  
       See full programme details opposite
Biological Drugs in Inflammatory Bowel Disease

A State-of-the-Art Symposium

Biological drugs have transformed the landscape for the management of patients with inflammatory bowel disease. High-quality studies have provided clear evidence of the value of these drugs in treating luminal and fistulising Crohn’s disease, as well as ulcerative colitis.

Within the next few months it is likely that further biological drugs will be available.

Despite excellent trial evidence we are left with many important questions. How do I set up, run and fund a biological drug service? What therapeutic response can we expect? When do you start treatment, and when / if do you stop? How do you use these drugs most effectively? How do you monitor progress? What about the cost and safety? Should I use concomitant immunosuppressives, and is this safe? How do I use these drugs in combination with surgery?

These are just some of the questions that every physician, surgeon, radiologist and specialist nurse treating patients with IBD must be able to answer. This state-of-the-art symposium aims to stimulate, inform, and provide practical information that is almost impossible to gather together. Please join us. You cannot afford to miss it!

Programme

1815 - 2030  Chairman - Michael Kamm

Introduction
Michael Kamm

Best use of biological drugs in luminal Crohn’s disease
Jean-Frederic Colombel

Best use of biological drugs in fistulising Crohn’s disease
Michael Kamm

Best use of biological drugs in ulcerative colitis
Jack Satsangi

How to set up, run and fund a service
Marc Lemann

Failed, or loss of, response – what now?
Marc Lemann

Discussion – case examples, expert panel and audience
MA Kamm, JF Colombel, M Lemann, J Satsangi, M Pitcher, D Burling, C Vaizey
## Thursday 30th November

**0800** The “Big” Breakfast Session I - for choices see overleaf

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1: Live Operating</th>
<th>Session 2: Common problems from food in the gut</th>
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</thead>
<tbody>
<tr>
<td>0930</td>
<td>Chair - Mr S Chadwick/Prof. JMA Northover</td>
<td>Chair - Dr J Nightingale</td>
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<tr>
<td></td>
<td>Theatre 1 - Laparoscopic resection Mr RH Kennedy/Mr S Gould</td>
<td>Food intolerance</td>
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<td></td>
<td>Theatre 2 - Fistula/Haemorrhoids Prof. RKS Phillips/Miss L Barker</td>
<td>Food allergy Dr R Pumphrey</td>
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<td></td>
<td><strong>Mapping the GI tract</strong> Dr M Marshall</td>
<td>Prebiotics and probiotics</td>
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<td><strong>Key principles of IF surgery</strong> Professor G Carlson</td>
<td>The paediatric perspective Dr W Hyer</td>
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<td><strong>Intestinal transplantation in the UK; where are we?</strong> Mr N Jamieson</td>
<td><strong>Discussion</strong></td>
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<td><strong>Case presentations</strong> Miss C Vaizey/Dr J Nightingale</td>
<td><strong>Panel</strong> - Dr M Marshall, Prof G Carlson, Mr N Jamieson, Dr S Gabe</td>
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</tbody>
</table>

**1130** Coffee

**1200** Intestinal Failure Symposium
- Chair - Dr S Gabe/Miss C Vaizey
- Mapping the GI tract - Dr M Marshall
- Key principles of IF surgery - Professor G Carlson
- Intestinal transplantation in the UK; where are we? - Mr N Jamieson
- Discussion
- Case presentations - Miss C Vaizey/Dr J Nightingale
- Panel - Dr M Marshall, Prof G Carlson, Mr N Jamieson, Dr S Gabe

**1330** Lunch

**1430** Sir Alan Parks Lecture - Minimalist Surgery for Crohn's Disease - Professor Neil Mortensen
- Chair - Mr P McDonald

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 3: Abdominal Perineal Resection</th>
<th>Session 4: Intestinal Imaging</th>
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<tbody>
<tr>
<td>1500</td>
<td>Chair - Professor RKS Phillips</td>
<td>Chair - Dr BP Saunders/Dr D Burling</td>
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<tr>
<td></td>
<td>Imaging the ‘threatened’ margin Dr M Marshall</td>
<td>Who’s for virtual colonoscopy? Dr D Burling</td>
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<td>Review of comparative results for AP versus AR Miss SK Clark</td>
<td>Colonoscopic imaging: new technology Dr J East</td>
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<td>Improving the surgical technique of AP excision Professor T Holm</td>
<td>Discussion</td>
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<td>Is the solution adjuvant chemo and DXT in all cases? Professor JMA Northover</td>
<td>Capsule endoscopy - is the future in a pill? Dr C Fraser</td>
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<td>Panel Discussion</td>
<td>MRI for small bowel Dr A Gupta</td>
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**1630** Tea

**1700** Consultants Corner
- Chair - Miss C Vaizey
- Panel - Prof. JF Colombel, Prof. NJ Mortensen, Dr D Burling, Dr T Guenther, Dr M Jacyna, Prof. JMA Northover

**1800** Drinks Reception
## Professor John Nicholls’ Festschrift

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td><strong>0930</strong></td>
<td><strong>Introduction</strong>&lt;br&gt;<em>Dr BP Saunders</em></td>
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<td><strong>0935</strong></td>
<td><strong>The Pouch and its Development</strong>&lt;br&gt;<em>Chair - Professor RJ Nicholls/Miss SK Clark</em>&lt;br&gt;Historical Perspective - <em>Professor R Dozois</em>&lt;br&gt;Quality of Life - <em>Mr P Tekkis</em>&lt;br&gt;Salvage - <em>Professor NJ Mortensen</em>&lt;br&gt;Pouchitis - <em>Dr M Pitcher</em>&lt;br&gt;Difficult Cases - <em>Professor Z Cohen</em></td>
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<tr>
<td><strong>1130</strong></td>
<td><strong>Coffee</strong></td>
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<tr>
<td><strong>1200</strong></td>
<td><strong>Incontinence</strong>&lt;br&gt;<em>Chair - Professor MA Kamm</em>&lt;br&gt;Assessment of the patient and treatment options - <em>Dr S Laurberg</em>&lt;br&gt;ABS: Results and present indications - <em>Professor P Lehur</em>&lt;br&gt;SNS: How good is it? - <em>Miss C Vaizey</em></td>
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<tr>
<td><strong>1300</strong></td>
<td><strong>Lunch</strong></td>
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<td><strong>1400</strong></td>
<td><strong>Rectal Cancer</strong>&lt;br&gt;<em>Chair - Professor JMA Northover</em>&lt;br&gt;Staging - <em>Mr P Finan</em>&lt;br&gt;Local Excision - <em>Professor F Seow Choen</em>&lt;br&gt;Restorative Resection - <em>Professor R Parc</em>&lt;br&gt;Adjuvant Radiotherapy - <em>Professor P Goldberg</em>&lt;br&gt;Reflections on the last 30 years - <em>Professor RJ Nicholls</em>&lt;br&gt;<em>Chair - Professor J Christiansen</em></td>
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<td><strong>1600</strong></td>
<td><strong>Tea</strong></td>
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All breakfast sessions are £25 - pre-booking is essential. (See application form opposite)

**Thursday**
1. Optimising Drug Therapy in IBD – Prof M Kamm
2. Setting up a Patient on HPN – Miss A Davidson/Dr S Gabe
3. Prebiotics, Probiotics, Colonic Lavage – Unorthodoxy? – Mr P McDonald/Dr M Pitcher
4. Managing the Family History Referral – Miss S Clark/Dr H Thomas
5. Psychological Approaches to the Impossible Patient – Dr J Stern
6. Colonoscopy the Virtual/Real Interface – Dr D Burling/Dr J East
7. Stomas – High Output and Dysfunction – Dr J Nightingale/Ms A Vujnovich
8. Designing a Study and Getting That Grant – Prof. W Atkin/Mr P Tekkis

**Friday**
1. Laparoscopic Colorectal Surgery – Mr R Kennedy/Mr R Slater
2. How to do Capsule Endoscopy – Dr C Fraser/Ms A Fitzpatrick
3. Surgery of the Recto Vaginal Septum – Prof. R Phillips/Prof. C Bartram
4. Clinical and Pathological Staging of Rectal Cancer – Dr T Guenther/Prof. J Northover
5. Management of FAP – Miss S Clark/Dr A Latchford
6. Perianal Fistula – Prof. M Kamm/Mr P Lunniss
7. Haemorrhoids – Miss L Barker/Mr A Hardy
8. Colonoscopy Teaching – Dr S Thomas Gibson/Ms M Vance

### Information about Registration
Registration is available on a single day basis.

<table>
<thead>
<tr>
<th></th>
<th>Consultants* (£)</th>
<th>Trainees/Nurses* (£)</th>
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<tbody>
<tr>
<td>Daily registration</td>
<td>200</td>
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<tr>
<td>Three day registration</td>
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<tr>
<td>Breakfast Sessions - £25 per session</td>
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There will be a commercial exhibition and a learning centre on both Wednesday and Thursday with competitions for delegates.

CPD points applied for.

### Accommodation
We have negotiated a reduced rate (see below) for accommodation at the Hilton London Metropole, the conference hotel. You need to contact the hotel directly on +44 (0) 20 7402 4141 quoting STMA281106. Rooms at the reduced rate are limited so early booking is recommended.

<table>
<thead>
<tr>
<th>Hilton London Metropole</th>
<th>Guest Room</th>
<th>Deluxe Room</th>
<th>Deluxe Plus Room</th>
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<tr>
<td>Single</td>
<td>£125</td>
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<td>Double/Twin</td>
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<td>£155</td>
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_Rates are inclusive of English breakfast but exclude V.A.T._
Application Form

PLEASE COMPLETE ONE REGISTRATION FORM PER DELEGATE. THE FORM CAN BE PHOTOCOPIED.

DELEGATE DETAILS (Please type or print clearly)

Title  (Prof/DR/MI/MRS/MS/Miss)  Family Name  First Name

Address

Postcode

Speciality  (eg Surgeon, Gastroenterologist)  

Tel:  (Country Code/Zip Code)  Fax:  (Country Code/Zip Code)

Email:

NAME BADGE DETAILS

Name  Country

REGISTRATION (Please tick the appropriate box)

<table>
<thead>
<tr>
<th></th>
<th>Wed. 29th Nov.</th>
<th>Thurs. 30th Nov.</th>
<th>Fri. 1st Dec.</th>
<th>3 day registration</th>
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<tbody>
<tr>
<td>Consultants</td>
<td>£200</td>
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<td></td>
<td>£500</td>
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<tr>
<td>Trainees (Proof Required) / Nurses</td>
<td>£150</td>
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<td>£400</td>
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BREAKFAST SESSIONS - £25 per session

<table>
<thead>
<tr>
<th>Thursday 30th November</th>
<th>Tick session(s) required</th>
<th>Friday 1st December</th>
<th>Tick session(s) required</th>
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BIOLOGICAL DRUGS IN INFLAMMATORY BOWEL DISEASE - A STATE OF THE ART SYMPOSIUM

I will / will not be attending the symposium chaired by Michael Kamm on Wednesday 29 November. (Delete as applicable)

PAYMENT

ALL PAYMENT SHOULD BE MADE IN GBP STERLING TO ‘ST MARK’S HOSPITAL FOUNDATION’. PLEASE INDICATE WHICH OF THE FOLLOWING METHODS OF PAYMENT YOU ARE USING.

☐ UK sterling cheque to ‘St Mark’s Hospital Foundation’  ☐ GBP (Sterling) travellers cheques
☐ Bank Draft in GBP (Sterling) drawn on a UK Bank  ☐ Visa/Access/Mastercard/Switch

I enclose payment of £  by Cheque/Visa/Access/Mastercard/Switch  (Delete as applicable)

Card Number  Card Expiry Date /  Security Number (last three digits on the back of your credit card)  

Valid from Date (if applicable) /  Switch Card Issue No.

Name  Town  County  Country  Postcode/Zip Code

Cancellation received after 10th November 2006 will incur a fee of 50% of the registration fee due. Any cancellations must be made in writing.

Signature  Date

DO NOT COMPLETE THIS SECTION

Date Received  Payment Method  Registration No  Payment Amount
Faculty

Internal
Arebi N
Atkin W
Barker L
Bartram C
Burling D
Chadwick S
Clark SK
Davidson A
East J
Fraser C
Gabe S
Gould S
Guenther T
Gupta A
Hyer W
Jacyna M
Kennedy MA
Kennedy RH
Latchford A
Marshall M
McDonald P
Newton D
Nicholls RJ
Nightingale J
Northover JMA
Phillips RKS
Pitcher M
Saunders BP
Slater R
Stern J
Suzuki N
Tekkis P
Thomas Gibson S
Thomas H
Vaizey C
Vance M
Vujnovich A
Williams CB

External
Colombel JF
Mortensen NJ
Carlson G
Christiansen J
Cohen Z
Dozois R
Finan P
Goldberg P
Hardy A
Holm T
Jamieson N
Krukowski Z
Laurberg S
Lehur P
Lemann M
Lunniss P
Parc R
Pumphrey R
Rutter D
Satsangi J
Seow Choen F
Lille, France
Oxford, UK
UK
Denmark
Canada
USA
UK
South Africa
UK
Sweden
UK
UK
Denmark
France
France
UK
France
UK
UK
Singapore

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KeyMed (Medical and Industrial Equipment) Ltd

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Abbott Immunology
Elan Pharmaceuticals and Biogen Idec
Schering-Plough
UCB Pharma